



## Clients' Covid Secure Working

### Arriving at the clinic

- use hand sanitiser provided at the entrance
- press doorbell and stand behind the white line
- Keep a social distance from anyone else waiting

### Being welcomed in to the clinic

- Your therapist will welcome you in and show you to the therapy room, opening and closing doors for you on the way
- You will be invited to take a seat nearest the window which will be slightly open to aid ventilation ( throws are available if you get chilly)
- You may be sat further apart from your therapist than you are used to, to maintain social distancing
- Hand sanitiser will be available for you next to your seat

### WCs

- Your therapist will escort you to the nearest WC, opening doors on the way
- Each WC has instructions for hygienic use
- Your therapist will keep therapy room door open until you return and session can continue

### Drinks

To keep you safe, we ask that you bring your own water to the session to drink

### Leaving the clinic

At end of the session your therapist will open doors and see you out asking you to use the handsanitiser provided at the exit  
Your therapist will wipe down chair arms and table tops with antiseptic wipes

### Masks

- You are free to wear a mask if you wish.
- Practitioners who wish to wear masks may do so
- All practitioners offering body work requiring close working SHOULD wear masks and aprons and follow the Covid Secure guidance of their professional bodies ( this includes, massage therapists, physios, reflexologists, acupuncturists, Bowen). -Clients attending for body work may be asked to wear a mask.

*Thank you*

for helping keep Brightstone Clinic Covid safe

