



NEAL'S YARD REMEDIES

Essential oil of the month

Organic Ginger

This warming oil has comforting properties and is steam distilled from the ginger root. Deeply stimulating, it eases aching muscles, helps to boost your circulation when combined with a therapeutic massage and may help to aid digestion.

Key benefit: Energising

Latin name: Zingiber officinale

Country of origin: Sri Lanka

Blends beautifully with: myrrh and juniper

How to use:

Add it to any of our **Create your Own** base products:

- Bath Oil
- Hair & Body Wash
- Massage Oil
- Warming Oil

Or use with one of our electric diffusers to enjoy hours of its comforting aroma.

2204L / £13.50 / €15.55



*Always follow directions on pack