

Client, Hypnotherapist Contract

Times: Therapy sessions are for 50 minutes, and we will often meet weekly for the first 6 sessions. I will let you know about any holidays in advance and if you could do the same that would be appreciated.

Payment/fees: My fees are £65.00 per individual session, or a block booking of 6 at £390.00 Payment can be made on the day with cash or cheque.

Cancellations: There will be no charge for missed sessions if you are able to give me 48 hours' notice. Otherwise, a full fee is payable.

Confidentiality: What we talk about during the sessions is confidential. There will only be exceptions to this if I am concerned for your safety or the safety of someone else, which would include a child. If this situation arises, I will aim to be open and talk to you about my concerns and what I intend to do.

Supervision: I attend regular supervision to reflect on my own practice and to meet the (NCH) National Council for Hypnotherapy requirements. Your confidentiality is never broken in this process.

Review and Ending: I normally suggest that we initially meet for six sessions and then review, it is also helpful to plan or discuss endings before our last session.

Name:

D.O.B:

Email:

Address:

Current medication:

Name and Telephone of GP:

Any presenting health issues:

What would you like to gain from Therapy?

Client Signature

Date