## **COVID-19** Patients

## Are you experiencing any of the following?

- ightarrow More breathless than usual
- ightarrow Things more effortful than before
- ightarrow Feeling weaker



- ightarrow Getting tired more easily
- ightarrow Managing to get less done
- ightarrow A persistent cough

## A respiratory physiotherapist can help with:

- $\rightarrow$  A UbU[Ya YbhcZfYgd]fUtcfmWbX]l]cbg<sup>....</sup>
- $\rightarrow$  "FYj ]j U cZZ bWjcbU UMjj ]ljYg""
- $\rightarrow$  "GfYb[h\Yb]b[ dfc[fUa a YgZcf" i b[ UbX"
- →¨< Yd]b[ fYghtfYZ]bYgg`Yj Yg
- $\rightarrow$  "K Unght a UbU[YZLh][i Y



Ask your GP to refer you to a Respiratory Physiotherapist





We offer respiratory rehabilitation and mental health services 7 Days per week

Safe Online Consultation & Therapy Services in your suitable timeline & days

We also provide Counsellings and Psychotherapy services for Mental Health & Well Begin

For Seniors Citizens, we offer 15% discount on our services

## CALL US on 03332241862

or send an Email to lungrehabvoyage21@gmail.com

**Cardio-Respiratory**