



The People Repair Shop

There is a place in Looe Street whose people are a pleasure to meet.
When you are emotionally depleted and utterly defeated;
try to pluck up the courage, as they are wealthy in their knowledge
they are wise with words and you will be heard
they refrain from opinion, you talk and they listen
they are non-judgemental, they will be gentle
you pause and they enquire, they will help you with your personal quagmire.

It is like a chat over a tea or a beer; but it doesn't matter if you shed a tear
there will always be a tissue, for whatever the issue.
they will help you to value your life and restore belief,
they are realistic and have the experience
so, there will be no drama as they tend to your trauma.
Take their counsel to ease your mind; you will not feel alone or left behind
they have heard many things before but to them - your issue is unique
and to no one else will they share or speak.

I share these thoughts and they are my own words.
In a few weeks' time I will take my leave,
but I would beckon you forward to take my place,
as I wish for you also to have inner peace.

Annie Jenkin 2014